



THE BEESMOOTH CAFE

# MENU

BREAKFAST | APPS | LUNCH | FRESH JUICE | SALADS

WE ARE  
OPENMON, TUES, WEDS  
9 AM TO 3 PM  
TH, FR, SA, SUN  
9 AM TO 2 PM

## ALL-DAY BREAKFAST

### Eggs & More

**The BeeSmooth Combo \$7.5**

2 eggs, choice of meat, potatoes &amp; Toast

**The BeeSmooth Platter \$12**

2 eggs, choice of meat, potatoes, 2 pancakes and biscuits and gravy!

**Omelettes w/hash and toast \$10****3 Meat** - ham, bacon & sausage**3 Cheese** - swiss, colby jack and cheddar**Veggie** - Peppers, onions, tomato, mushrooms**Reuben** - corned beef, peppers, onions, sauerkraut optional with swiss**Pretty as a Picture \$9**

Scrambled Egg whites topped w/ peppers and onions, cup of fruit, avo &amp; tahini on the side

**Shakshuka Eggs \$7.5**

2 Eggs fried over aromatic tomato base with seasoned chickpeas, feta, wilted kale w/ pita

**Bee Creative sandwich \$5**

Create your own favourite sandwich - select a bread then be creative with what you'd like on it

**Bee - rito \$5**

2 Scrambled eggs, sausage, peppers, onions &amp; cheddar in a burrito wrap w/ side of salsa

**Bee Liteful Breakfast \$4**

1 egg, 1 meat, 1 toast

**Oatmeal Bowl \$5.5**

Hot Oatmeal topped w/ berries, bananas, chia &amp; flax seed, walnuts and honey.

### Busy Bee Bowls

**Biscuits & Gravy Bowl \$8**

2 scrambled eggs over biscuits and gravy topped w/ pepper, onion &amp; cheddar

**Southwest Bowl \$8**

Seasoned diced potatoes topped w/ 2 scrambled eggs, peppers, onions, black beans, cilantro, sour cream and avocado.

**Sweet Potato Bowls \$8****Fruit Bowl** - Bananas, blueberries, flax, chia, almond butter, cinnamon & pure maple syrup**Savory Bowl** - quinoa, kale, seasoned crispy chickpeas, avo, tahini, soft boiled egg on side**Farmer's Bowl** - 2 scrambled eggs, peppers, onions, tomato, cheddar cheese w/choice of meat and avocado**Chorizo Bowl \$8**

2 eggs over chorizo &amp; potato w/ cheddar &amp; avo

## CAKES & MORE

**Hotcakes (GF) 3 \$7.5**3 Buttermilk Pancakes Add Meat \$1.5  
Shortstack - 2 Pancakes \$6.5**French Toast \$7**3 pieces of brioche french toast add meat \$1.5  
**BeeYou** - choose a topping combination, served w/ lemon coconut yogurt**Crepes (GF) 3 \$7.5**

Strawberries &amp; Cream

Bruschetta Style

**BeeYou** - mix and match topping combinations \$9**Waffles (GF, V) \$7.5**

2 large waffles add a topping \$1 add meat \$1.5

## LIGHTER SIDE

**Oatmeal (GF) Cup \$2 Bowl \$4****Biscuits & Gravy \$4 half \$2.5****Fresh Fruit Cup - \$2****Fruit, Yogurt & Granola****Parfait - \$2.5****Side of Meat - \$2****Side of potatoes -\$2****1 egg - \$1****Toast - \$1.25****Mango Slaw Cup - \$3****Grilled Cheese - \$4****Side of Gravy - \$1.25**

## DRINKS

**Fruit smoothie**

Berry Medley - strawberry, blueberry, banana \$4

Peach Berry Nana - peaches, strawberry, banana \$3

**Specialty Flavors - just ask!****Freshly squeezed juice**

Pineapple, Orange, Carrot &amp; Ginger \$5

Beet, Apple &amp; Carrot - \$6

**Specialty Flavors - just ask!****Soft drinks**

Variety Can Pop \$1.50

Unsweetened Ice Tea \$2

Ice Lemonades \$1.75

Ice Carbonated Caffeine Can (Sugar Free) \$1.75

Italian Soda w/ splash of cream &amp; whip cream \$3

**Coffee \$3**

Regular or Decaf

**Hot Tea \$2.5**

Variety of flavors

**Lattes \$3**

Cinnamon Coconut Latte

Almond Chai Latte

Oat Hazelnut Latte

**Specialty Flavors - just ask!****Cold Brew Espresso****Shots - \$1****Hot Cocoa \$3**

## SMOOTHIE BOWLS

**Bee Berry Bowl - \$7**

Strawberry, banana &amp; peach blend topped with coconut, pepitas, mango and honey

**Cookie Monster Bowl \$7**

Berry - Banana Berry Blend topped with cookie crumbles, chocolate chips &amp; caramelized banana

**Cup Size - \$3.5**

Please ask your server about menu items that are cooked to order. Consuming raw or undercooked foods may increase your risk of foodborne illness.

## LUNCH

**STARTS AT 11 AM**  
**ALL SANDWICHES COME WITH SOUP, ROASTED VEGS,  
CHIPS OR MANGO SLAW**

**Bee A Brie \$9**  
Grilled Cheese Mashup of Brie, Saucy Mayo,  
Granny Smith Apple, Red Onion, Bacon & Turkey

**Bruschetta Grilled Cheese \$9**  
Roasted tomato, basil pesto, goat cheese

**Italian Grinder \$11**  
Toasted sub bun w/ cheddar asiago, pepperoni,  
salami, ham, grinder mayo, spring mix,  
pepperoncinis, red onion, tomato & cucumber

**Reuben \$10**  
Classic corned beef, swiss, 1000 island,  
sauerkraut on rye. Caramelized onion optional

**Not so traditional reuben \$9**  
Turkey, swiss, mango slaw & saucy mayo

**Salmon Sub \$12**  
Buttered Sub Bun with garlic aioli, spring mix,  
mango slaw & blackened salmon

**Veggie Burger \$10**  
Chickpea Quinoa Patty on wheat bun w/ garlic  
aioli, mango slaw and spring mix

**BAT Sandwich \$9**  
Bacon, Avocado, Tomato grilled cheese on  
sourdough with provolone

**Chopped Sandwich \$11**  
Ground beef w/ melted American, topped w/  
chopped spring mix, tomatoes, red onions,  
banana peppers, mayo, oil & vinegar, salt &  
pepper

**Patty Melt \$10**  
1/3 lb grd beef patty on rye w/ caramelized onion,  
swiss & garlic aioli

## APPS

**Truffle Fries \$6**  
Baked Fries tossed in truffle oil, parmesan &  
flaky sea salt w/ garlic aioli.

**Shakshuka & Hummus Plate \$8**  
Warm shakshuka served with pita, carrots and  
pepper sticks with a side of hummus

**Bacon Cheese Jalapenos \$6**  
4 jalapeno halves filled w/ cream cheese  
mixture wrapped in bacon

**Bruschetta Dip w/ Pita Bread \$7**

## SALADS

**CAB Salad \$10**

Chicken, Avocado, Bacon on mixed greens w/ tomato,  
red onion & housemade Lemon Vin dressing

**Stacked Garden Salad \$9**

Mixed greens, cucumber, tomato, red onion, cheddar

**Bee Happy Bowl \$10**

Mixed greens, avocado, quinoa, hard boiled egg,  
tomato, blue cheese, cucumber, chicken & bacon

**Quinoa-Kale Bowl \$8.5**

Kale, Warm Quinoa, crispy chickpeas, black beans,  
tomato, soft boiled egg & tahini dressing

### Add Protein

Salmon \$4      Chicken \$2  
Bacon \$2      Egg (cooked any way) \$1

## KIDS \$6

**Kid's Chopped Slider**

Comes w/ fries

**Grilled Cheese**

Comes w/ fries

**Mac n Cheese**

Comes w/ fries

### Dressing Options

Ranch      Balsamic Vin  
Lemon Vin      1000 Island  
French      Savory Tahini

## BAKED GOODS

**Pie by the Slice \$3**

**Whole Pie \$17**

**Muffins \$3**

**Mini Bundts Cakes 2/\$3**

**4 inch Bundts - \$4**

**Donut Cakes \$4**

**Honeycomb Cakes 2/\$3**

**Mini Bread Loaves \$4**

**Please ask about our  
selection as they  
rotate daily!!**

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**215 Arthur St  
Manistee, MI 49660  
231.299.1144 Takeout  
beesmoothcafe.com  
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**Catering Options Available**